

# MY SISTER'S KEEPER

A CATALOGUE OF RESOURCES



THE COLOUR SISTERHOOD

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This resource kit of podcasts, books, films and tv series focuses on the complexities and issues surrounding violence against women and children.

Learning and growing in our understanding of the issues being faced by vulnerable groups in our world enlarges our perspective and helps us to engage and respond better to critical issues.

*please note.*

All content listed is subject to viewer discretion and is generally not suitable for children (please check the age restrictions and ratings on media) and may contain adult themes. Attitudes, views and opinions expressed within these resources are those of the content creators.

# BOOKS



## **WOMEN AND POWER: A MANIFESTO**

*Book by Mary Beard*

With personal reflections on her own experiences of sexism online and the gendered violence she has endured as a woman in the public eye, Mary asks: if women aren't perceived to be full within the structures of power, isn't it power that we need to redefine?

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## **A MOTHER'S STORY**

*Book by Rosie Batty*

Rose Batty knows pain no woman should have to suffer, Her son was killed by his father in a violent incident in February 2014, a horrendous event that shocked not only the nation, but the world. Rose had suffered years of family violence, and had had intervention and custody orders in place in an effort to protect herself and her son.

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## **SEE WHAT YOU MADE ME DO**

*Book by Jess Hill*

Investigative journalist Jess Hill puts perpetrators – and the systems that enable them – in the spotlight. See What You Made Me Do is a deep dive into the abuse so many women and children experience – abuse that is often reinforced by the justice system they trust to protect them. Critically, it shows that we can drastically reduce domestic violence – not in generations to come, but today.

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## **HUMAN TRAFFICKING AROUND THE WORLD: HIDDEN IN PLAIN SIGHT**

*Book by Stephanie Hepburn and Rita Simon*

This unprecedented study of sex trafficking, forced labour, organ trafficking, and sex tourism across twenty-four nations highlights the experiences of the victims, perpetrators, and anti-traffickers involved in this brutal trade. Combining statistical data with intimate accounts and interviews, journalist Stephanie Hepburn and justice scholar Rita J. Simon create a dynamic volume sure to educate and spur action.

# PODCASTS & DOCUMENTARIES



## **ENDING HUMAN TRAFFICKING**

*Podcast by Dr Sandra Morgan*

The Global Center for Women and Justice launched the Ending Human Trafficking podcast in April 2011. Our mantra is Study the Issues. Be a voice. Make a difference. We believe that if you do not study first, you may say or do the wrong thing. Our audience includes students, community leaders, and even government leaders. EHT listeners come from all corners of the world, which accomplishes our mission of building a global community that works together to end human exploitation.

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## **JAKKI OVERCAME ABUSE AND WANTS TO HELP OTHERS BREAK FREE**

*Podcast by Jakki Civeriati*

Having experienced decades of abusive relationships, Jakki Civeriati began to learn powerful tools to help her break free.

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## **I WAS A CHILD BRIDE: THE UNTOLD STORY**

*Documentary (streaming on Stan, Hulu) by Sara Nichols*

In America, a shocking number of teenage girls are forced into marriages against their will because of legal loopholes in most states. Many believe this only happens in developing countries, but in the past 15 years, an estimated 200,000 girls have been forced into marriage in the US. In this in-depth two-hour documentary episode, Elizabeth Vargas reveals the heart-wrenching stories of child marriage victims, who against all odds, escaped the most dire of circumstances. These brave survivors tackle this taboo issue in their personal lives and help to shine a light on the national epidemic with the hope that no child will ever have to be a victim again.

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## **THE RAPE OF RECY TAYLOR**

*Documentary*

Mrs Recy Taylor was gang raped by six white boys in 1944, Alabama USA. Unbroken, she spoke up and fought for justice with the help of Rosa Parks and legions of women.

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## **SEE WHAT YOU MADE ME DO**

*SBS Documentary Series hosted by Jess Hill*

A 3-part documentary series that explores one of the most complex and urgent issues of our time - domestic abuse. Presented by investigative journalist Jess Hill, this series examines the fine lines between love, abuse and power.



# SERIES & FILMS

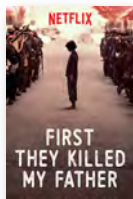


## **MAID**

*Netflix series*

After fleeing an abusive relationship, a young mother finds a job cleaning houses as she fights to provide for her child and build them a better future.

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## **FIRST THEY KILLED MY FATHER**

*Netflix Film, 2017, based on the book by the same name*

Cambodian author and human rights activist Loung Ung recounts the horrors she suffered as a child under the rule of the deadly Khmer Rouge.

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## **DESERT FLOWER**

*Film by Sherry Horman*

Waris Dirie ran away from her oppressive life in the African desert when she was barely in her teens, illiterate and impoverished, with nothing to her name but a tattered shawl. She travelled alone across the dangerous Somali desert to Mogadishu—the first leg of a remarkable journey that would take her to London, where she worked as a house servant; then to nearly every corner of the globe as an internationally renowned fashion model; and ultimately to New York City, where she became a human rights ambassador for the U.N, speaking out against FGM.

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## **TAKEN**

*Film by Pierre Morel*

A retired CIA agent travels across Europe and relies on his old skills to save his estranged daughter, who has been kidnapped by a human trafficking ring while on a trip to Paris.

# TED TALKS



## **VIOLENCE AGAINST WOMEN – IT'S A MEN'S ISSUE**

*Ted Talk by Jackson Katz*

Domestic violence and sexual abuse are often called “women’s issues.” But in this bold, blunt talk, Jackson Katz points out that these are intrinsically men’s issues – and shows how these violent behaviours are tied to definitions of manhood. A clarion call for us all – women and men – to call out unacceptable behaviour and be leaders of change.

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## **THE SHADOW PANDEMIC OF DOMESTIC VIOLENCE DURING COVID-19**

*TED talk by Kemi DaSilva-Ibru*

Mandatory lockdowns, quarantines and shelter-in-place orders meant to contain COVID-19 have created a shadow pandemic of domestic abuse, says physician Kemi DaSilva-Ibru. Sharing alarming statistics on the rise of gender-based violence worldwide, she describes how Nigeria quickly retrained a squadron of basic health care providers to respond to the crisis – and shares lesson other countries can adopt to keep people safe from harm.

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## **WHY DOMESTIC VIOLENCE VICTIMS DON'T LEAVE**

*TED Talk by Leslie Morgan Steiner*

Leslie Morgan Steiner. Was in “crazy love” – that is, madly in love with a man who routinely abused her and threatened her life. Steiner tells the story of her relationship, correcting misconceptions many people hold about victims of domestic violence, and explaining how we can all help break the silence.

# OTHER

## **SAFER**

[www.saferresource.org.au](http://www.saferresource.org.au)

A resource to help Australian churches understand, identify, and respond to domestic and family violence.

## **THE 5 MYTHS CHURCHES TOO OFTEN BELIEVE ABOUT DOMESTIC ABUSE**

[www.eternitynews.com.au/current/the-5-myths-churches-too-often-believe-about-domestic-abuse](http://www.eternitynews.com.au/current/the-5-myths-churches-too-often-believe-about-domestic-abuse)